

Counselor Corner

We've created this section to help provide parents and students with resources during this difficult time. We will be posting helpful tips, videos, and ways to connect with your school counselor.

There are so many great resources out there for kids, teens, adults and families right now. Today we're sharing a great handout created by [School Counselor Stephanie](#) that provides some good coping tools for kiddos to work on - either alone or with family members. Here is the link to download the free [Handout](#).

We'll be posting several more coping tools and resources over the next few weeks so please check back for updates!

Please feel free to contact us by email:

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