



Welcome to:

# My Direct Primary Care *plus*

## Healthcare2U's Individual Coast-to-Coast Healthcare Membership™

Healthcare2U's mission is to provide affordable and convenient access to excellent primary medical care, wellness and chronic disease management. We deliver our My Direct Primary Care *plus* (MyDPC*plus*) membership to individuals ages 2 to 65 and accept all pre-existing conditions. Through our proprietary Private Physician Network (PPN)™, Healthcare2U is breaking down the barriers to convenient access to quality primary care with a focus on promoting healthy living while preventing disease. Members receive the unlimited services listed below by scheduling care through Healthcare2U's Central Scheduling Department (CSD).

### Unlimited Direct Primary Care\*

- Unlimited doctor visits with a \$10 visit fee
- Unlimited urgent care visits for a \$25 fee
- Patient navigation center staffed by bilingual medical assistants to schedule care for employees and eligible participants

### Unlimited Chronic Disease Management\*

- Unlimited treatment and management of 13 chronic disease states for the same \$10 visit fee. Healthcare2U accepts all pre-existing conditions, including:

- |                  |                |                |
|------------------|----------------|----------------|
| • Anxiety        | • CHF          | • GERD         |
| • Arthritis      | • Depression   | • Hypertension |
| • Asthma         | • Diabetes     | • COPD         |
| • Blood Pressure | • Fibromyalgia | • Gout         |
|                  |                | • Thyroid      |

### Unlimited Telehealth\*

- Unlimited, bilingual, 24/7/365 access to board-certified physicians via telehealth for \$0 out-of-pocket cost to your immediate family

### Discounts<sup>1</sup>

- Prescription discounts up to 65 percent
- Dental discounts up to 50 percent
- Vision discounts up to 50 percent
- Lab discounts up to 70 percent
- Diabetic supply discounts up to 70 percent
- MRI and Imaging discounts up to 50 percent
- Daily living supply discounts up to 10 percent
- Exclusive discounts on memberships at nationwide fitness centers
- Entertainment savings including discounts for Disney®, Vegas, movies, etc.

Offer for non-standard hourly employees and substitutes within Hays CISD.

Visit <http://www.hayscisdbenefits.com/benefitsite/substitutes-nshe/healthcare-2-u/>  
Once on the URL, click on the 'Substitutes/NSHE' option on the menu.

### Hays CISD Individual Monthly Pricing

# \$45.00\*\*



\*No walk-ins allowed. DPC*plus*' unlimited services must be accessed through Healthcare2U's Central Scheduling Department.

<sup>1</sup> The discount program provided through WellCard Savings is offered through a third party provider

\*\*By enrolling into MyDPC*plus* membership, you will be entering into a 12 month contract that has a cancellation fee of two times the membership rate

# Membership Details

## How to Access MyDPC<sup>plus</sup> Benefits

In order to utilize Healthcare2U's DPC<sup>plus</sup> benefits, members must call our Central Scheduling Department and speak to our bilingual medical assistants. To make this process easy, here are the steps to accessing everything that Healthcare2U offers.

### Step 1:

#### Everything begins with a phone call to 1 (800) 496-2805

If a Healthcare2U member begins to feel ill, the member will call Healthcare2U's bilingual Central Scheduling Department at +1 (800) 496-2805. Based upon the member's symptoms, Healthcare2U medical staff will provide Direct Primary Care options of a telehealth call or an in-office doctor's appointment with a Healthcare2U board-certified physician or urgent care facility.

### Step 2:

Once the member chooses the option they would like to pursue, the Healthcare2U medical staff will schedule the telehealth call or in-office appointment (during business hours).

### Step 3:

#### In-Office Appointment:

The Healthcare2U medical staff will make the appointment and will call the member back with appointment details. The Healthcare2U member is responsible for the visit fees associated with their care (\$10 fee for primary care or \$25 for urgent care). At the appointment, the physician will treat the member and prescribe generic medication if necessary.

#### Telehealth:

Shortly after speaking with Healthcare2U, the member will receive a call from a Healthcare2U board-certified physician. With membership, telehealth services are \$0 out-of-pocket cost. When appropriate, the physician will call in a prescription to the member's pharmacy of choice. Telehealth is available 24/7/365 for acute after-hours care.

## Examples of Acute Illnesses:

Through their services, Healthcare2U provides unlimited treatment for acute illnesses such as the health issues below:

- Respiratory symptoms:
  - Wheezing
  - Coughing
  - Shortness of breath
  - Sore throat
- Acute ear pain
- Acute back pain
- Urinary pain
- Rash
- Abdominal pain
- Acute ankle or knee pain
- Nausea, vomiting, diarrhea or dizziness
- Eye swelling or pain
- Burns
- Bone fractures
- Lacerations
- Skin infections

## Frequently Asked Questions

**Does Healthcare2U accept pre-existing conditions like hypertension and diabetes?**

Yes, Healthcare2U accepts pre-existing conditions. Chronic conditions can be treated at Healthcare2U's physician clinics for \$10 a visit.

**Do Healthcare2U clinics accept walk-ins?**

No, members must contact Healthcare2U and schedule appointments during business hours. Healthcare2U staffs medically trained personnel who will triage the call and assist members in choosing the appropriate care option.

**Are there yearly limits on Healthcare2U services?**

There is not a limit on Healthcare2U services if they are scheduled through Healthcare2U's Central Scheduling Department (CSD).