

Free Family Education Webinars

Supporting Youth Mental Health - Spring Webinar Series

Hays CISD has partnered with Daybreak Health to hold classes for Hays CISD families focused on supporting youth mental health. Facilitated by a clinical expert from Daybreak, these free virtual webinars will cover the following topics:

Anxiety: Understanding & Supporting Youth Anxiety

Wednesday, February 21 | 6:00-7:00 pm | [REGISTER HERE](#)

Communication With Your Child

Wednesday, March 27 | 6:00-7:00 pm | [REGISTER HERE](#)

Sessions led by:

**Scan to learn more
about Daybreak:**



Juan Trevino
Licensed Clinical
Social Worker,
Daybreak Clinical Director

