



Administrative Procedures

Page 1 of 3	Attachment(s): 3
July 20, 2016	

Nutrition, Wellness, and Fundraising

DEFINITIONS

Meal Period – 30 minutes prior to and 30 minutes following breakfast and lunch meal service.

Smart Snacks – The USDA standards for all foods sold in schools. Foods and beverages served are required to meet specific nutrient requirements for calorie, sodium, fat, and sugar limits. See http://www.fns.usda.gov/sites/default/files/allfoods_flyer.pdf (attached) for additional guidance regarding “Smart Snacks.”

Smart Snacks calculator -

https://www.healthiergeneration.org/take_action/schools/snacks_and_beverages/smart_snacks/alliance_product_calculator/

Fundraiser – An event that includes any activity during which currency, tokens, tickets, donation for, or other forms of payment are exchanged for the sale or purchase of a product.

Celebration – An event where food or beverages are provided at no cost to students.

Exempt Days – Food and/or beverages served during an exempt day may NOT be served during meal periods or in the school meal service area. Campuses may designate up to 6 days total per school year as exemptions to the following:

- Fundraisers which do not meet the Smart Snacks rule, and/or
- Celebrations which do not meet the Smart Snacks rule

An exempt day form must be kept on file at the campus and submitted to the Child Nutrition office by September 30 of each school year.

NUTRITION GUIDELINES

The following information regards federal, state, and local nutrition laws and policies pertaining to elementary, middle, and high school campuses. This information may be shared with all faculty, staff, and parents.

Campuses shall not allow food or beverages be provided to students anywhere on campus during meal periods (see definition of meal period above).

Campuses **should not provide access** to any foods or beverages which do not meet the Smart Snacks rule anywhere on school grounds during the school day unless the day has been designated as exempt. Such foods and beverages should not be sold or given away to students on school grounds by administrators or staff, students or student groups, parent or parent groups, guest speakers or any other person, company, or organization.

Parents may bring outside food for their child to eat during breakfast or lunch, but may not provide food for any child other than their own even with permission from that child's parent.

GUIDELINES FOR FUNDRAISING WITH FOOD AND BEVERAGE

Fundraisers with food and/or beverages may NOT occur during meal periods (see definition of meal period above).

Fundraisers which meet the Smart Snacks rule may be held at any time or day during the school year except during meal periods.

Each school may designate up to 6 days per school year to sell food and/or beverages which do not meet the Smart Snacks rule (see definition of exempt day).

FOODS IN THE CLASSROOM

Campus Celebrations: Celebrations which meet the Smart Snacks rule may be held at any time or day during the school year except during meal periods (see definition of meal period above).

The school may use an exempt day for celebrations which do not meet the Smart Snacks rule (see definition of exempt day).

Food for Instruction: Food should not be used for instructional purposes unless the food is required for teaching students about nutrition or foods of different cultures.

- Foods used to enhance any classroom lesson should only be used for educational purposes; only a small taste should be provided.
- Foods used for instructional purposes shall not take the place of a meal.

Student Birthdays: Parents may provide a treat of their choice for their child's class on the date of their child's birth during the last 15 min of the school day.

- Parents should be sensitive to any existing food allergies in the classroom and provide treats that would not endanger any students involved in the celebration.
- For parent convenience, healthy treats and non-food items are available through the Child Nutrition department. Parents can view the birthday celebration menu on the Café Meals Catering page on the district website.

Campuses, administrators, and staff shall not use food as a reward unless specifically documented in a student's IEP.

STATE AND DISTRICT COMPLIANCE MONITORING

The Hays CISD Director of Child Nutrition / Director of Student Health Services will support and monitor campuses' compliance with nutrition guidelines and FFA (Legal, Local, Exhibit).

Attachments	
Form Number: Form	Form Name: Nutrition Wellness and Fundraising FAQ Smart Snack Flyer Nutrition Exempt Day Request Form
References: Board Policy FFA (LEGAL), FFA (LOCAL)	
See these INDEX references for related procedures: n/a	
Questions regarding this procedure should be addressed to (title, department, phone number): Director of Child Nutrition, 21003 IH 35, Kyle, Texas 78640 512/268-2141	
Approved:	
	Date: July 20 , 2016