

# Hays CISD Weather Guidelines

The following guidelines should be observed for general activities during the school day including recess and PE. Campuses should use these guidelines to determine if outdoor play is appropriate. Consider other weather factors such as rain and cloud cover. These do not apply to Athletics as they have specific weather guidelines to guide athletics activities.

\*\*Certain students and staff, because of existing medical conditions or risk factors, may need to exercise additional precautions. These conditions may include but are not limited to asthma, heart conditions, respiratory conditions, immunosuppression or cystic fibrosis. Consult with the campus nurse regarding individual concerns.

When heat index or wind chill (feels like temperature):	Activity level and precautions:
Heat Index Above 100 F Red ABOVE 105 NO OUTDOOR PLAY	Limit outdoor activity to less than 20 minutes or choose indoor activities. Be alert for signs of heat related illness, especially for those at a higher risk. When the heat index is elevated often the Air Quality Index is high (see chart below).
Heat Index 90-100 F Yellow	Outdoor activities to include rest in shade and water breaks every 15-20 minutes. Encourage fluids before, during, and after outdoor activities. Be alert for signs of heat related illness, especially for those at a higher risk.
Heat Index 60-90 F Green	Enjoy the Outdoors. Be sure to encourage children, especially young children, to drink water.
Wind-Chill 40-60 F Yellow	Outdoor dress should include long sleeves and pants. In addition gloves, hats, and jackets may be needed for comfort.
Wind Chill Below 40 F Red BELOW 35 NO OUTDOOR PLAY	Limit outdoor activity to less than 20 minutes or choose indoor activities. Outdoor dress MUST include gloves, hats, and jackets.

Air Quality Index Levels of Health Concern	Numerical Value	Meaning
Good	0 to 50	Air quality is considered satisfactory, and air pollution poses little or no risk.
Moderate	51 to 100	Air quality is acceptable; however, for some pollutants there may be a moderate health concern for a very small number of people who are unusually sensitive to air pollution.
Unhealthy for Sensitive Groups	101 to 150	Members of sensitive groups may experience health effects. The general public is not likely to be affected.
Unhealthy	151 to 200	Everyone may begin to experience health effects; members of sensitive groups may experience more serious health effects.
Very Unhealthy	201 to 300	Health alert: everyone may experience more serious health effects.
Hazardous	301 to 500	Health warnings of emergency conditions. The entire population is more likely to be affected.