



Hays Consolidated Independent School District

Dr. Eric Wright
Superintendent

Megan Benthall, MSN, RN
Director of Student Health Services

School Health Advisory Committee Report to the School Board

As Required by

Texas Education Code

Chapter 28.004

September 2022

**Prepared by Megan Benthall, District Co-Chair
and Jen Baker, Parent Co-Chair**

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1. Introduction

Each school district in Texas is required by Texas Law ([Texas Education Code, Title 2, Subtitle F, Chapter 28, Subchapter A, §28.004](#)) to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Hays Consolidated Independent School District is specifically authorized by the Board of Trustees in District policies BDF [legal], EHAA [legal], EHAB [legal], EFAA [legal], and FFA [local].

The report for the 2021-2022 school year lists the meeting dates of the SHAC; the attendance records of its members; a brief description of actions taken by the SHAC; costs related to the SHAC's existence; and anticipated activities for the next year.

2. Background

Each school district in Texas is required in Chapter 28.004 of the Texas Education Code to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Hays Consolidated Independent School District is specifically authorized by the Board of Trustees in District policies BDF [legal], EHAA [legal], EHAB [legal], EFAA [legal], and FFA [local].

The purpose of the SHAC is to assist the District in ensuring that local community values are reflected in the District's health education instruction. The council's duties include recommending:

1. the number of hours of instruction to be provided in:
 - a. health education in kindergarten through grade eight; and
 - b. if the school district requires health education for high school graduation, health education, including physical health education and mental health education, in grades 9 through 12;
2. policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 diabetes, and mental health concerns, including suicide, through coordination of:
 - a. health education, which must address physical health concerns and mental health concerns to ensure the integration of physical health education and mental health education;
 - b. physical education and physical activity;
 - c. services;
 - d. parental involvement;
 - e. instruction on substance abuse prevention;
 - f. school health services, including mental health services;
 - g. comprehensive school counseling program under Section 33.005;
 - h. a safe and healthy school environment; and
 - i. school employee wellness;
3. appropriate grade levels and methods of instruction for human sexuality instruction;
4. strategies for integrating the curriculum components specified by Subdivision (2) with the following elements in a coordinated school health program for the district:

- a. school health services, including physical health services and mental health services, if provided at a campus by the district or by a third party under a contract with the district;
 - b. a comprehensive school counseling program under Section 33.005;
 - c. safe and healthy school environment; and
 - d. school employee wellness;
5. if feasible, joint use agreements or strategies for collaboration between the school district and community organizations or agencies; and

Text of subdivision as added by Acts 2019, 86th Leg., R.S., Ch. 464 (S.B. 11), Sec. 8

6. strategies to increase parental awareness regarding:
- a. risky behaviors and early warning signs of suicide risks and behavioral health concerns, including mental health disorders and substance use disorders; and
 - b. available community programs and services that address risky behaviors, suicide risks, and behavioral health concerns

Text of subdivision as added by Acts 2019, 86th Leg., R.S., Ch. 331 (S.B. 435), Sec. 1

7. appropriate grade levels and curriculum for instruction regarding opioid addiction and abuse and methods of administering an opioid antagonist, as defined by Section 483.101, Health and Safety Code.

TEC also states, a majority of the council members must be parents of students enrolled in the district who are not employed by the district. Additionally, SHAC is comprised of community members, businesses, and district representatives. Information from SHAC meetings is posted on Hays website as per TEC and policy requirements.

3. Committee Activities – 2021-2022

Committee Members, Meeting Dates, and Attendance of Members

For the 2021-2022 School year Jen Baker served as Parent Co-chair and Justin McCorkle served as District Co-chair.

2021-2022 Committee Members:

Baker, Jen – PARENT Co-Chair (Barton, Hays)	2021-2022
Dean, Kelly – PARENT (Lehman)	2020-2022
Mugan, Monica – PARENT (Johnson)	2021-2023
Hernandez, Bonnie – PARENT (Wallace, Hays)	2020-2022
Jamail, Stephanie – PARENT (Hays)	2020-2022
Larson, Jenny – PARENT (Lehman)	2020-2022

Pizana, Belinda – PARENT (Barton, Hays)	2020-2022
Raymond, Vanessa – PARENT (Simon, Tobias)	2021-2023
Stanton, Kathy – PARENT (Blanco Vista)	2020-2022
Townsend, Courtney – PARENT (Science Hall)	2021-2023
Underdown, Robin – PARENT (Tom Green)	2020-2022
Waller, Lacy – PARENT (Pfluger)	2020-2022
Zavala, Alex – PARENT (Negley, Hays)	2021-2023
Bell, Kaaren – PARENT (Tom Green)	2021-2023
Mercado, Felix – PARENT (Camino Real)	2021-2023
Hooton, Stephanie – PARENT (Tobias, Wallace), CIS Impact	2020-2022
Kiester, Bret - YMCA	2021-2023
Curl, Marquet – Community Pastor	2020-2022
Hartman, Nicole – Community Pediatrician	2021-2023
Contreras, Renee – HCISD Outreach Counselor Lehman	2020-2022
Morgan, Wendy - HCISD PE Teacher Tobias	2020-2022
Lorentzen, Whitney - HCISD PE Teacher Camino Real	2021-2023
Campbell, Katie – HCISD PEP	2021-2023
Echternach, Erin - HCISD Child Nutrition	2020-2022
Thomas, Lisa - HCISD Employee Services	2021-2023
McCorkle, Justin - HCISD Student Health – CO-CHAIR	2021-2023
Skrocki, Jeri - HCISD Safety and Security	2021-2023
Maritza Gonzalez - HCISD Director of Guidance and Counseling	2021-2023

Table 1. 2020-2021 SHAC Meeting Dates

Date	Attendance
September 1, 2021	20 members in attendance
October 20, 2021	17 members in attendance
November 17, 2021	9 members in attendance
February 16, 2022	19 members in attendance
April 20, 2022	11 members in attendance
May 18, 2022	15 members in attendance
July 20, 2022	16 members in attendance

Description of Committee Actions

The Hays School Health Advisory Committee met seven times in the 2021-2022 school year. All meeting audio recordings and minutes, including actions taken and lists of meeting attendees, are available to the public on the Hays CISD [SHAC webpage](#).

During each SHAC meeting, the members reviewed the minutes from the previous SHAC meeting, received reports and presentations, discussed action items, and discussed requests for future SHAC agendas.

During the September meeting, the SHAC report to the School Board for the 2020-2021 school year was reviewed and discussed. In response to a request from the July 2021 meeting, an overview of district demographic information was presented. As per state requirements, the Physical Activity and Fitness Planning subcommittee membership was determined. SHAC members reiterated their concerns for student mental health, with specific suggestions for increased Social Emotional Learning (SEL) support.

In the October meeting, Maritza Gonzalez provided information to the SHAC on Hays CISD mental health services and partnerships, as well as SEL curricula. Student utilization of mental health services increased from the previous year. The HCISD Counseling department established new partnerships to provide mental health support and services to students. SEL curricula are being incorporated into classroom lessons on all campuses. Updates to reproductive health content delivery requirements as established by H.B. 1525 were presented to the SHAC.

In the November meeting, Whitney Lorentzen presented information on the upcoming health curriculum adoption. Ms. Lorentzen provided the SHAC with classroom context for the upcoming adoption and information on the current curricula in use. The District Wellness Plan was reviewed. Justin McCorkle presented the SHAC with information on the recording requirements of H.B. 1525 and the impact of these requirements on future SHAC meetings. Per H.B. 1525, all SHAC meetings must be recorded and the recording must be posted to the district website. Upcoming district COVID-19 vaccine clinics for both students and staff were discussed.

In the February meeting, Justin McCorkle provided an update on the COVID-19 pandemic in the district. Katie Campbell and Justin McCorkle presented information on the Girl Talk/Boy Talk series that was paused during the pandemic. The Girl Talk/Boy Talk program is an event offered to middle school students and their guardians to ask questions and receive medically accurate, developmentally appropriate answers about puberty and related topics. The SHAC voted to recommend resumption of the Girl Talk/Boy Talk event. The membership of the Physical Activity and Fitness Planning subcommittee and Health Education subcommittee were combined with Whitney Lorentzen volunteering to lead this subcommittee. Dr. Hartman, Alex Zavala, Kaaren Bell, and Justin McCorkle also volunteered to participate.

In the April meeting, progress on the Girl Talk/Boy Talk event was provided. Panelists for the event were Dr. Nicole Hartman, Pastor Lisa Straus, Erica Gallardo, Eddie Reyes, Pastor David Bryant, and Dr. Michael Grady. Maritza Gonzalez provided information to the SHAC on district mental health resources and intervention strategies. The district hired additional Social Emotional Learning specialists and the TCHAT program through Dell Children's Hospital has seen further expansion and utilization. Justin McCorkle presented the health curricula up for potential recommendation by the SHAC for adoption by the School Board. The curricula reviewed were: Goodheart Willcox for grades 6-12, and QuaverEd for grades K-5. The SHAC members were provided with online access to the curricula so that they could review the content. The SHAC voted electronically to recommend both curricula for adoption by the School Board. Mr. McCorkle provided information on the district plan to make naloxone/Narcan available on all campuses for use in the event of an opioid overdose. Mr. McCorkle discussed plans for next year's Youth Risk Behavior Survey, which will be administered by a graduate student from Texas State university.

In the May meeting, the electronic votes taken after the April meeting for recommendation of QuaverEd and Goodheart Willcox health curricula adoption were reviewed. In response to feedback from health teachers, the SHAC reviewed the Goodheart Willcox reproductive health curriculum. SHAC members voted unanimously to recommend that Hays CISD continue to use the Big Decisions curriculum, rather than adopt a new program. The Girl Talk/Boy Talk event, which was held on May 4th and the PAC, was reviewed with the group. Jeri Skrocki provided an update on increased opioid abuse in the district and community.

In the July meeting, Justin McCorkle provided updates on the SHAC report to the School Board, as well as SHAC membership for the 2022/2023 school year. The SHAC selected meeting dates for the upcoming school year and voted to hold at least two of the meetings in-person. Jeri Skrocki and Mr. McCorkle provided updates on opioid abuse and the district's plans to address the crisis.

SHAC recommendations

The SHAC recommended the Goodheart Willcox and QuaverEd health curricula for consideration for adoption by the School Board.

The SHAC will review and refine the questions contained in the Youth Risk Behavior Survey, to be administered in Spring of 2023.

Continue to focus on mental and emotional health of students and staff.

Focus on the opioid crisis and possible interventions.

Committee Costs

Equipment was purchased in preparation for recording of in-person SHAC meetings next school year, as required by H.B. 1525. The cost of recording equipment was \$1602.01.

4. Committee Planning – 2022-2023

Committee Members 2022-2023

For the 2021-2022 School year Jen Baker will serve as Parent Co-chair and Megan Benthall will serve as District Co-chair.

Baker, Jen – PARENT CO-CHAIR (Hays)	2022-2024
Dean, Kelly – PARENT (Lehman)	2022-2024
Goffena, Robin – PARENT (Carpenter Hill)	2022-2024
Margiotta, Jaime – PARENT (Dahlstrom, Johnson)	2022-2024
Hernandez, Bonnie – PARENT (Wallace, Hays)	2022-2024
Deshayes, Krista – PARENT (Sunfield)	2022-2024
McCorkle, Amanda – PARENT (Buda)	2022-2024
Pizana, Belinda – PARENT (Hays)	2022-2024
Raymond, Vanessa – PARENT (Simon, Tobias)	2021-2023
Stanton, Kathy – PARENT (Blanco Vista)	2022-2024
Townsend, Courtney – PARENT (Science Hall)	2021-2023
Waller, Lacy – PARENT (Pfluger)	2022-2024
Zavala, Alex – PARENT (Negley, Hays)	2021-2023
Mercado, Felix – PARENT (Camino Real)	2021-2023
Hooton, Stephanie – PARENT (Tobias, Wallace), CIS Impact	2022-2024
Kiester, Bret - YMCA	2021-2023
Curl, Marquet – Community Pastor	2022-2024
Hartman, Nicole – Community Pediatrician	2021-2023
Ayuso, Erica – HCISD Outreach Counselor Johnson	2022-2024
Lorentzen, Whitney - HCISD PE Teacher Camino Real	2021-2023
White-Jackson, Gloria – HCISD PEP Coordinator	2022-2024

Echternach, Erin - HCISD Child Nutrition	2022-2024
Skrocki, Jeri - HCISD Safety and Security	2021-2023
Gonzalez, Maritza - HCISD Director of Guidance and Counseling	2021-2023
Benthall, Megan - HCISD Student Health Services DISTRICT CO-CHAIR	2022-2024

SHAC will seek parent members from schools who do not have representation to fill vacancies.

Committee Meeting Dates

Table 1. 2022-2023 SHAC Scheduled Meeting Dates

September 21, 2022	February 15, 2023
October 19, 2022	April 19, 2023
November 16, 2022	May 17, 2023
January 18, 2023	July 19, 2023

Anticipated Activities of Committee for Next Year

The following are slated for review and or recommendation in the 2022-2023 School year:

- Mental health and emotional health
- Wellness Plan review and revision
- Youth Risk Behavior Survey
- Review and recommend physical activity minutes
- Girl Talk/Boy Talk review and evolution
- Opioid prevention and intervention

5. Conclusion

The Hays CISD SHAC, continues to serve as a recommendation body centered on district health and wellness. SHAC seeks to focus on the whole child while keeping community values at the center of its recommendations. Members of the SHAC will continue to focus on current concerns in the community including social emotional support for both students and staff. The SHAC will continue to utilize the Youth Risk Behavior Survey as a tool for research and recommendations. In addition, the SHAC will consider ways to support the district’s plans to protect Hays CISD students from the effects of opioids.