

Athletics	
BOYS	GIRLS
Baseball	Softball
Basketball	Basketball
Cross Country (Before School)	Cross Country (Before School)
Football	Volleyball
Golf	Golf
Powerlifting (After School)	Powerlifting (After School)
Soccer	Soccer
Swimming	Swimming
Tennis	Tennis
Track (After School)	Track (After School)
	*Off campus PE (before or after school)

Athletics

Credit: .5 per semester for a maximum of 4 credits towards state graduation requirements.

PEIMS#: PES00000, PES00001, PES00002, PES00003

Athletics provides students with the opportunity to fine-tune their athletic abilities and compete against students from other schools. Participation in athletics develops self-discipline, cooperation, leadership, responsibility, self-control and selflessness of participation in team sports. Students may be required to try-out for participation in athletic classes. Enrollment in the athletics class at the ninth grade level is at the discretion of the head coach. All students must pass a UIL approved physical examination and complete all appropriate forms each year before participating in athletics. The athletic physical exam must be dated after May 1, 2019 for participation in the 2019-20 school year in accordance with board policy. Participants must pass all courses to be eligible for competitions. Coaches of any athletic team may develop stricter guidelines and requirements for students in their sport. Students who do not meet the physical or behavior requirements for participation in athletics may be removed from athletics at the coach's discretion. All students participating in athletics will also be required to agree to abide by the Extracurricular Code of Conduct.

Students may be enrolled in only one (1) section during the regular school day.

Students are required to go through the off-season program to participate in JV and Varsity football. Those sports which are not offered during a class period are handled before or after school. Students enrolling in 10th – 12th grade athletics must obtain the approval of the appropriate coach. Johnson HS will start out with 9th and 10th graders in 2019-20 participating on sports teams. The team will grow as the grade levels are added to the campus. Any questions about athletics should go to the school Athletic Director or the counselor.

Each student must complete a yearly fitness assessment identified as FITNESSGRAM. All information regarding this assessment is available on www.fitnessgram.net.

See school for appropriate paperwork needed to participate in athletics for the 2019-20 school year. The Hays CISD athletics physical form will be available after May 1, 2019 for the 2019-20 school year. Portions of the physical form will be online for the 2019-2020 school year.

*There are course students can take off campus for athletic credit. A new form must be completed each year the student participates in the activity while in high school. These are Olympic based courses with at least 100 hours per week of physical activity in the sport with a trained coach who keeps attendance and a grade for your skill areas. This forms comes from the HS counseling counselor. This must be approved by the Academic Dean (or Principal) and the Director of Athletic and Extra-curricular programs. The form chain starts at the HS campus. Course numbers for **athletics courses are available on the choice selection sheet for each campus.**