

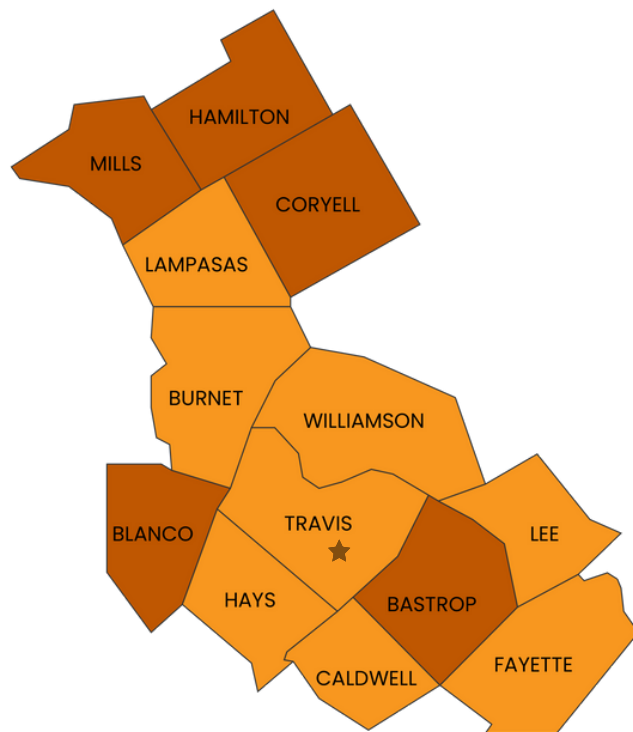


# Texas Child Health Access Through Telemedicine (TCHAT)

Texas Child Health Access Through Telemedicine, or TCHAT, creates a legislatively funded telemedicine program for identifying and assessing mental health needs and providing access to mental health services in schools. TCHAT is a free telemedicine program between Dell Medical School and central Texas school districts to help identify and assess the behavioral health needs of children and adolescents.

## What does TCHAT offer?

- 1** Assessment, brief intervention, and stabilization sessions for students.
- 2** Care coordination to identify needs and barriers to community care and coordinate wrap-around services for students.
- 3** Consultation for school personnel on mental health crisis response protocols, screening tools, and programming.
- 4** Mental health education & training for school personnel
- 5** Referrals to community providers, local mental health authorities (LMHA), and other mental health resources for families after completion of TCHAT program.



Dell Medical School provides TCHAT services to contracted school districts, in their 13 Central Texas county catchment area.



**Learn more** at [sites.utexas.edu/tchat](https://sites.utexas.edu/tchat)  
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