



## Novel Coronavirus/COVID-2019/ SARS-CoV-2/ Wuhan Coronavirus

### Self-Monitoring

## Watch for symptoms

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases.

The following symptoms may appear **2-14 days after exposure**.\*

- Fever
- Cough
- Shortness of breath

\*This is based on what has been seen previously as the incubation period of [MERS-CoV](#) viruses.



If you develop **emergency warning signs** for COVID-19 get **medical attention immediately**. Emergency warning signs include\*:

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

\*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.