

WELCOME TO Uhland, Nurse Jessica Soliz (RN,)

NURSE OFFICE HOURS 7:00 a.m to 3:30 p.m. Phone: 512-268-8503 x 42905 -

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THINGS TO KNOW:

- 1) **Immunizations:** Must be up to date and on file for class enrollment
- 2) **Medications/Treatments** - What we need:
 - a) Parent authorization AND orders from the physician, new paperwork with each new school year
 - b) Medication/supplies supplied by parent and left on campus in the nurse office
 - c) Meds must have a prescription label and be unexpired
 - d) Short term meds for injury or post surgery, we still need parent authorization
 - e) Forms can be found here <https://www.hayscisd.net/Page/727>
- 3) **Clothing and toileting** - Children should be able to undress & redress easily for the restroom.
 - a) Littles should practice belts, socks, shoes before school begins.
 - b) Donations especially bottoms are appreciated, especially stretchy things - and even adult sizes!
- 4) **Illness Policy/guidelines:**
 - a) Please report illnesses to your school nurse. School nurses are required to report data to county health departments
 - b) When to notify your nurse - temps 100 and up, vomiting, diarrhea, asthma is worse, hospital admissions, positive test results (strep, flu, covid, pertussis, and more!), any modifications in activity due to injury (casts, crutches, braces, concussions, surgeries) - for this email works best!

District illness policy (below) → Students may be excluded from school until they have met certain criteria, have been treated by their physician, or submit a signed physician’s note that states they are able to return.

Topic	Guidelines - What to do	Tips/notes
Fever (Temperature of <u>100 degrees or more</u>)	Student must be fever free for 24 hours, without medication, before re-entry. Fever <u>may require</u> a covid test prior to re-entry if back before 5 days.	Count begins after meds wear off, 4-6 hours <u>after</u> last medication was given,
Vomiting/Diarrhea	Must be symptom free for 24 hours without medication before re-entry	Please wait until tolerating regular food & fluids, symptoms often recur if they haven’t begun eating and return too soon.
Asthma - flare-ups	If in the yellow zone on their action plan, consider keeping home. If in the yellow zone for 48 hours or more, a physician needs to evaluate them.	Please notify the nurse and teacher when your child is requiring more treatments at home.
Other possible exclusions from school	Any of the following need to be evaluated by a physician before sending to school, please provide a physician’s note → →→ →→ →→ →→	Severe pain or swelling of the jaw, rash/scaly patches on the body, red/draining eyes, intense itching, open/draining lesions, jaundice