



Hays Healthwise Wellness Opportunities

Area gyms offering discounts to employees, in order of proximity to Hays CISD Central Office.

- 1. Camp Gladiator** – Go to www.campgladiator.com to find the class times.
CG currently meets at CMS, FES, TES, KES, GES, BMS, BVES, EGES
Adult Fitness Camps with instructor, all fitness levels; **Corporate Partnership Discount** for employees
 - Free week for HCISD employees
 - \$69 for 12 month program
 - \$79 for 6 month program
- 2. Blu Edge Fitness** - 5 Brent Blvd, Kyle (next to Central Office)
24 hour gym, weights, babysitting in peak times, classes, showers, lockers
 - Month to Month - \$50 one time enrollment fee per member + \$31.99 a month
 - 12 month contract: \$25 one time enrollment fee per member + \$27.99/month; \$24.99 for additional family
 - 90 days \$134.99; 1 year paid in full \$324.99; 2 year paid in full \$459.99;
- 3. Maximum 3 Crossfit** – I-35 South access road near Kyle Crossing
Crossfit group classes with instructor
 - No commitment, unlimited classes, free trial week and free elements class \$75 per month
 - Free classes Saturdays 9am for the community
- 4. The YMCA of Buda** – Buda Sportsplex Drive
Gym, weights, pool, showers, classes, activation fee waived with HCISD badge
 - \$80 for a 2 adult family
 - \$70 for a single adult family
 - \$74 for adult couple
- 5. Crossfit Hays** - I-35 South access road in Buda
Crossfit group classes
 - No contract, no activation fee, 10% off any package for HCISD employees
- 6. Planet Fitness** – West Slaughter Lane location only
24 hour gym, showers
 - 12 month commitment, \$39 activation fee, \$10 per month, plus \$39 annual fee
 - No commitment, \$29 activation fee, \$15 per month, plus \$39 annual fee

Global Fit fitness/TRS Aetna in proximity to Hays CISD Central Office

- 1. Anytime Fitness** – Main Street Buda and FM 1826
24 hour, traditional gym, no classes
 - 18 month commitment, activation fee \$25 and 31.60 per month
 - 12 month commitment, activation fee \$49 and \$35.85 per month
- 2. Jazzercise at Manchaca** – 1626 in Manchaca
Specialty studio for Jazzercise
 - 12 month commitment \$19 activation fee, \$39.10 per month
 - No commitment, \$49 activation fee, \$39.10 per month
- 3. 24 hour Fitness** – William Cannon
24 hour gym, weights, pool, steam room, sauna
 - No commitment, \$29.99 activation fee, \$29.99 per month